

*Sunbeam*

# EasyClean™ Banquet Rectangle Non-stick Deep Frypan

Instruction/Recipe Booklet

FP5905

Please read these instructions carefully  
and retain for future reference.



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تأكد من تفهم احتياطات السلامة المذكورة اعلاه

請務必理解上述的安全預防措施。

Assurez-vous que les précautions ci-dessus relatives à la sécurité sont bien comprises

Versichern Sie sich, dass die obenstehenden Sicherheitsmaßnahmen verstanden werden

Βεβαιώστε πως οι παραπάνω προφυλάξεις ασφαλείας γίνονται κατανοητές

Pastikan bahwa tindakan-tindakan keselamatan seperti di atas dimengerti anda

Accertatevi che le suddette norme di sicurezza siano comprese a dovere

上記の注意事項をよくお読みになり、安全を御確認ください

Уверете се дека погоре споменатите мерки на претпазливост се добро разбрани

Asegúrese de que las precauciones de seguridad precedentes sean bien comprendidas

کاری بکنید کہ احتیاطهای بالا حتماً درک بشوند

ต้องแน่ใจว่า ข้อควรระวังเรื่องความปลอดภัยข้างต้น เป็นที่เข้าใจกันดี

Yukarda belirtilen güvenlik önlemlerinin anlaşıldığından emin olunuz

Xin kiểm chắc rằng những biện pháp làm an toàn kể trên được hiểu rõ

# Sunbeam's Safety Precautions

## SAFETY PRECAUTIONS FOR YOUR SUNBEAM FRYPAN.

- Use your frypan at least 200mm away from walls and curtains.
- Do not immerse the control probe in water.
- If using a plastic spatula do not leave in cooking vessel when hot.
- The frypan must only be used with the control probe provided.
- Avoid using on metal surfaces e.g. sink, hotplate.
- Remove the control probe before cleaning the frypan.
- After cleaning the frypan ensure that the control probe Inlet area is completely dry before using again.

**Sunbeam is very safety conscious when designing and manufacturing consumer products, but it is essential that the product user also exercise care when using an electrical appliance. Listed below are precautions which are essential for the safe use of an electrical appliance:**

- Read carefully and save all the instructions provided with an appliance.
- Always turn the power off at the power outlet before you insert or remove a plug. Remove by grasping the plug - do not pull on the cord.
- Turn the power off and remove the plug when the appliance is not in use and before cleaning.
- Do not use your appliance with an extension cord unless this cord has been checked and tested by a qualified technician or service person.
- Always use your appliance from a power outlet of the voltage (A.C. only) marked on the appliance.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- Children should be supervised to ensure that they do not play with the appliance.
- The temperature of accessible surfaces may be high when the appliance is operating.
- Never leave an appliance unattended while in use.
- Do not use an appliance for any purpose other than its intended use.
- Do not place an appliance on or near a hot gas flame, electric element or on a heated oven.
- Do not place on top of any other appliance.
- Do not let the power cord of an appliance hang over the edge of a table or bench top or touch any hot surface.
- Do not operate any electrical appliance with a damaged cord or after the appliance has been damaged in any manner. If damage is suspected, return the appliance to the nearest Sunbeam Appointed Service Centre for examination, repair or adjustment.
- For additional protection, Sunbeam recommend the use of a residual current device (RCD) with a tripping current not exceeding 30mA in the electrical circuit supplying power to your appliances.
- Do not immerse the appliance in water or any other liquid unless recommended.
- Appliances are not intended to be operated by means of an external timer or separate remote control system.
- This appliance is intended to be used in household and similar applications such as: staff kitchen areas in shops, offices and other working environments; farm houses; by clients in hotels, motels and other residential type environments; bed and breakfast type environments.

If you have any concerns regarding the performance and use of your appliance, please visit [www.sunbeam.com.au](http://www.sunbeam.com.au) or contact the Sunbeam Consumer Service Line.

Ensure the above safety precautions are understood.

# Features of your Sunbeam EasyClean™ Banquet

## **Integrated knob and adjustable steam vent**

Allows you to accurately control moisture levels during cooking.

## **High grade non-stick cooking surface**

Enables fat-free cooking and easy wipe down cleaning.

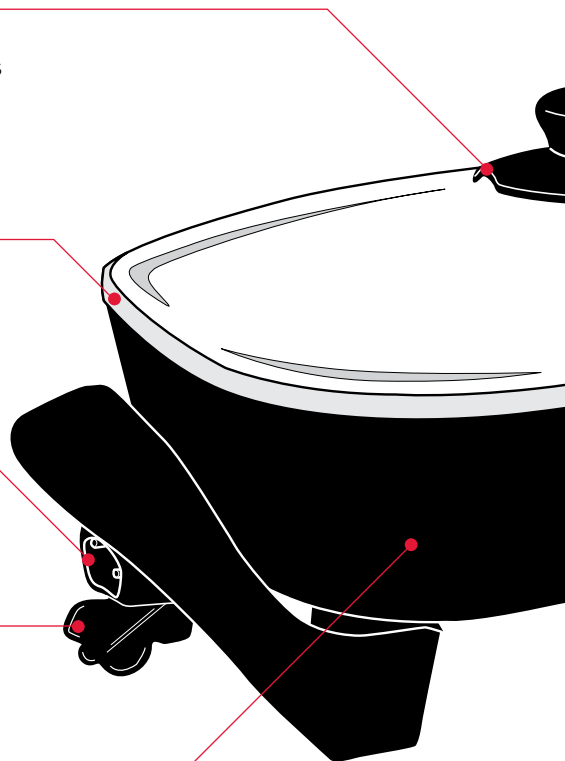
## **Control probe inlet**

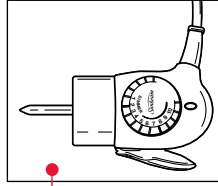
## **Pan tilt lever**

When the lever is in the lowered position the cooking pan is tilted, forcing juices to collect at one end of the pan. Both hands are then free for basting.

## **Extra large cooking vessel**

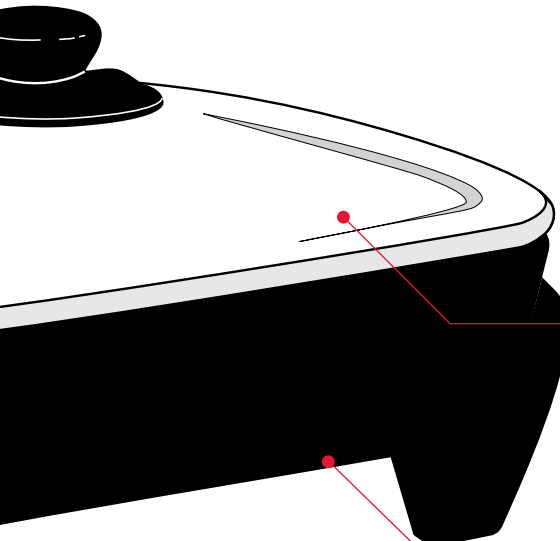
The large rectangular frypan (380mm x 292mm) is 78mm deep, ideal for cooking extra large meals or liquid-based dishes.





#### **Trigger release control probe**

The probe is thermostatically controlled and incorporates an indicator light that switches off automatically when the selected temperature has been reached, it then cycles on and off to indicate that the temperature is being maintained.



#### **Glass lid**

The clear glass lid allows you to monitor the cooking process without lifting the lid and allowing the heat to escape, ensuring the selected temperature is maintained.

#### **Cast-in rectangle element**

The rectangle element is completely cast into the heavy duty base providing superior heat distribution.

# Temperature setting guide

The following table provides approximate temperatures for each setting on the control probe. Preheat your frypan on setting 7-8, then change to your desired setting.

DIAL SETTING	CELSIUS (approx)	FARENHEIT (approx)	SUGGESTED USES	TEMPERATURE
1 2	100°C 110°C	212°F 230°F	Keeping food warm	<b>LOW</b>
3 4	125°C 140°C	260°F 285°F	Simmering, slow cooking	
5 6	150°C 160°C	300°F 320°F	Pan frying, roasting	<b>MEDIUM</b>
7 8	175°C 185°C	350°F 365°F	Shallow frying	
9 10	200°C 210°C	390°F 410°F	Searing, sealing and baking	<b>HIGH</b>

**Note:** The suggested uses above are provided as a guide only and may require adjustment to suit different foods and individual tastes.

When the dial is set to a low setting, it is normal for food to stop and start bubbling, as the thermostat maintains the selected temperature.

## Glass Lid

With the lid in place, the frypan can be used as an oven, giving you the versatility to bake cakes and roast larger pieces of meat. The lid also retains heat and moisture when simmering foods such as casseroles.

# Using your EasyClean Banquet

**Before the first use:** Wash, rinse and dry your frypan and lid. Season the cooking surface by applying a thin coat of cooking oil and rub in with paper towelling.

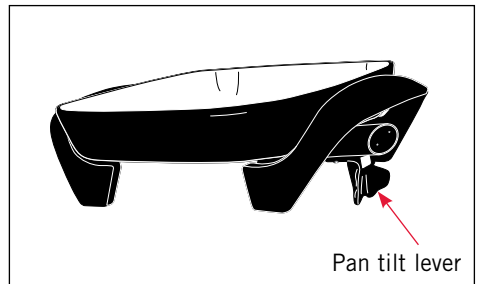
1. Insert the control probe into the inlet on the frypan.
2. Plug the cord into a 230-240V power outlet and turn the power on.
3. Preheat the frypan on setting 7-8. Then set the control probe dial to the desired temperature setting. Refer to page 4 for the temperature guide.

**Note:** The light on the control probe will illuminate and will remain on until the set temperature is reached. It will then cycle on and off throughout cooking, as the temperature is maintained by the thermostat. On initial heating of the frypan, it is recommended that the temperature be allowed to cycle (the light cycling on and off) several times. This will help the cooking surface to adjust to a more accurate cooking temperature.

**Note:** Any discolouration on the cooking surface that may occur will not affect the cooking performance. Do not use metal utensils, these will scratch and damage the non-stick cooking surface. Sunbeam recommends only using heat-proof plastic or wooden utensils to stir food.

## Using the pan tilt lever

The pan tilt lever is positioned under the inlet where the Control Probe is inserted. To tilt the frypan, push the lever down. This allows the fat and juices to drain from the food for crisp, low fat cooking. It also makes it easier to baste food and serve sauces or gravy.



# Cooking with your EasyClean Banquet

## Baking

Your frypan can be used for baking cakes, with deliciously moist results.

1. Preheat the frypan to setting 10, with the lid on.
2. Elevate the cake pan or tray from the base of the frypan using a small wire rack.

Cooking times will be longer than those of a conventional oven.

## Basting

The pan tilt lever makes basting easy as it allows the juices to drain to one side of the pan. Reduce the temperature to prevent any fat and juices spattering. Position the pan tilt lever and spoon the juices over the food as desired.

## Boiling

### Pasta

1. Bring 6 cups of water to the boil on setting 5. Add 1-2 teaspoons of oil to stop the pasta from sticking together.
2. Add 250g (1½ cups) of pasta and cook until tender, for approximately 8-12 minutes.
3. Reduce to a lower setting if the water boils too rapidly.

**Note:** Cooking times will vary with different types of pasta.

## Rice

1. Bring 6 cups of water to the boil on setting 5. Add 200g (1 cup) of rice and position the lid.
2. Cook until tender, approximately 10-12 minutes, and then drain.
3. Reduce to a lower setting if the water boils too rapidly. Stir occasionally so that the rice does not stick.

## Browning and Sealing Meat

It is necessary to brown and seal meat in many recipes. Meat retains its juices and the flavours develop after browning and sealing. This also prevents it from sticking when baking or roasting. Preferably use meat that is at room temperature, as this reduces the cooking time.

1. Preheat the frypan to settings 8-9.
2. Brown meat on all sides, with the lid off.
3. After sealing, reduce the temperature to settings 4-5 and replace the lid until the meat is cooked as desired.



# Cooking with your EasyClean Banquet continued

## Frying

The frypan is ideal for shallow or dry frying. Deep frying is not particularly suitable as the frypan has shallow sides and a greater surface area, which results in heat loss and the possible overflow of oil.

**Pan frying:** Suitable for eggs, omelettes, bacon, sausages, steaks and chicken pieces. Preheat to settings 5-6 with a little oil to add flavour. Non-stick cooking surfaces do not require a large amount of oil. Steaks should only be turned once during cooking.

**Shallow frying:** Suitable for vegetable pieces e.g roast pumpkin and potato, and crumbed food. Preheat on settings 6-8 with sufficient oil so that the food is half immersed. Cook food with the lid off.

**Sauteéing:** Preheat on settings 5-6 with a little oil to add flavour.

**Stir frying:** Food is cooked quickly, over a high heat and vegetables retain their flavour and crispness. For best results and even cooking, cut food into even sized, smaller pieces.

1. Preheat the frypan on setting 8-9.
2. Slice meat into strips. Coat meat in a little oil and stir-fry in batches until browned. This prevents meat from stewing.
3. Add vegetables and seasoning, stirring continuously. Vegetables which take longer to cook, such as carrots, should be cooked first, adding the other ingredients later. Cook until the vegetables are still slightly crisp. Return the meat back into the pan when the vegetables are almost cooked. The lid can be in position in the last few minutes of cooking.

## Roasting

**Meat and poultry:** The frypan is ideal for roasting meat and poultry, as the meat retains the flavour and juices.

1. Preheat the frypan on setting 8-9. Use only a small amount of oil for less fatty joints and no oil for fattier joints of meat.
2. Brown and seal the meat on all sides and position the lid.
3. After browning, turn the dial to settings 4-5 to cook the meat as desired. Turn meat occasionally during cooking to ensure even cooking.
4. Remove meat from pan and cover with foil. Allow meat to rest for 5-10 minutes, meanwhile you can make a gravy from the juices in the frypan.

**Vegetables:** Cut into even sized pieces. Add to the frypan 45-60 minutes before serving. For crisper vegetables, remove the meat and increase the heat for the last few minutes of cooking.

## Roasting times:

**Note:** These times are for well done. Reduce the times to suit personal taste.

**PORK:** 30-40 minutes per 500g after browning.

**VEAL:** 30-40 minutes per 500g after browning.

**LAMB:** 25-30 minutes per 500g after browning.

**CHICKEN:** 30-35 minutes per 500g after browning.

# Care and Cleaning

Always turn the power off and remove the plug from the power outlet after use and before cleaning. Allow appliance to cool before cleaning.

## **Control probe**

If cleaning is necessary, wipe over with a damp cloth.

**Note:** The control probe must be removed before the frypan is cleaned and the control probe inlet must be dried before the frypan is used again.

## **Important: Do not immerse the control probe in water or other liquid.**

Store the control probe carefully. Do not knock or drop it as this can damage the probe. If damage is suspected, return the control probe to your nearest Sunbeam Appointed Service Centre for inspection. Refer to the separate warranty and service centre booklet.

## **Glass lid**

Wash the lid in warm soapy water using a soft sponge, rinse and dry thoroughly. Alternatively, wash the lid in a dishwasher.

## **To clean interior and exterior surface.**

- When cleaning the non-stick coating do not use metal (or other abrasive) scourers. After cleaning, dry the frypan and lid with a soft cloth before storing.
- Wash in hot soapy water or in a dishwasher. Remove stubborn spots with a plastic washing pad or sponge.
- The heating element is totally sealed, making the frypan vessel safe to fully immerse in water, or place in a dishwasher.
- Wash as directed, and re-season the frypan before using again. In some instances this may not remove all the staining.

# Recipes

## Minestrone

- 1 tablespoon olive oil
  - 1 onion, diced finely
  - 2 cloves garlic, crushed
  - 1 carrot, diced finely
  - 2 trimmed celery stalks, diced finely
  - 1 bacon bone (200g)
  - 800g can chopped tomatoes
  - 6 cups water
  - 1 cup finely chopped savoy cabbage
  - 2 small zucchini, diced
  - 1 x 400g can cannellini beans, rinsed and drained
  - ¾ cup small pasta
  - sea salt and freshly ground black pepper
  - shaved parmesan, to serve
1. Heat oil in frying pan on setting 5. Cook onion and garlic until translucent. Add carrot, celery and bacon bone and cook, stirring occasionally for 5 minutes.
  2. Add the chopped tomatoes and water and bring the soup to the boil. Reduce heat to setting 2-3 and cook, covered for 45 minutes.
  3. Add the cabbage, zucchini, beans, pasta and season with salt and pepper. Cook, covered for a further 20-25 minutes. Add a little extra water if necessary.
  4. Serves hot with shavings of parmesan on top.

Serves 4-6

## Pumpkin Soup

- 3kg pumpkin
  - 2 tablespoons olive oil
  - 40g butter
  - 2 large onions, chopped
  - 2 litres low salt chicken stock
  - Sea salt & freshly ground black pepper
  - ⅔ cup cream or sour cream to serve (optional)
1. Remove skin and seeds from pumpkin and cut into even sized chunks.
  2. Heat oil and butter in frying pan on setting 4. Add onions and cook, stirring, until the onions have softened. Add pumpkin and cook for a further 3-4 minutes, stirring occasionally.
  3. Add the stock and bring to the boil. Reduce heat to setting 3 and cook, covered for 30 minutes. Cool before blending.
  4. Blend or process soup until smooth. Return pureed soup to frying pan.
  5. Reheat until soup is hot. Serve with cream and extra ground pepper if desired.

Serves 6-8

## Recipes continued

### Corn Fritters

**Serves 4**  
**Makes approx. 20 fritters**

1 cup self raising flour  
½ teaspoon bicarbonate soda  
½ teaspoon sweet paprika  
½ teaspoon ground coriander  
⅔ cup buttermilk  
2 eggs  
2 cups corn kernels  
1 small red capsicum, diced finely  
3 small green onions, sliced  
2 tablespoons chopped fresh parsley  
1 tablespoon chopped fresh coriander  
Sea salt  
Freshly ground black pepper  
Olive oil  
Tomato chilli jam, to serve

1. Combine flour, soda, paprika in a bowl; whisk through buttermilk and eggs to form a batter.
2. Combine corn, capsicum, green onions, parsley and coriander in a large bowl. Stir through the batter; season with salt and pepper.
3. Heat frypan on setting 8. Drizzle a little olive oil in frypan and spoon tablespoonfuls of mixture into pan. Cook fritters for 2-3 minutes on each side until golden.
4. Serve with tomato chilli jam if desired.

### Spanish Paella

**Serves 6-8**

2 small raw blue swimmer crabs  
8 large green prawns  
8 small black mussels  
3½ cups fish/chicken stock  
1 teaspoon saffron threads  
180g chorizo sausage, sliced  
200g chicken thighs, halved  
1 tablespoon extra virgin olive oil  
1 medium onion, chopped finely  
1 clove garlic, crushed  
¼ teaspoon smoked paprika  
1 x 400g canned tomatoes  
1½ cups Arborio or Spanish rice  
300g whole pipis, purged  
½ cup frozen peas  
1 small roasted red capsicum, sliced

1. Remove flap from the undersides of crabs then flip crab over. Place your thumb under the shell between the two back legs and slowly pull the shell away from the body. Discard. Remove the feather like gills and front feelers and discard. Carefully rinse the crab if needed – do not put under running water. Using a sharp knife cut the body in half; then cut between the smaller legs to make 4 pieces. Crack the large nippers with crab crackers; this will help the heat get into the shell.
2. Peel four of the prawns and devein. Leave the other four whole for presentation. Clean and de-beard mussels.
3. Place stock and saffron in a saucepan and heat gently to infuse. Cover and keep warm.

## Recipes continued

4. Heat the electric frying pan on setting 8. Cook chorizo in pan until golden; drain on paper towelling.
5. In same pan cook the chicken thighs and whole prawns in chorizo oil until just cooked through; set aside.
6. Reduce heat to 6 add extra virgin olive oil, if needed, in electric frying pan and cook onions and garlic until the onions are translucent; add paprika and cook for a further 30 seconds.
7. Add tomatoes and cook on setting 6 for 2-3 minutes. Add rice and cook, stirring until well coated. Add stock and stir to combine. Reduce heat to 3 and cook, covered for 10 minutes.
8. After 10 minutes check rice, add a little water if the rice looks too dry. Cook, covered, for a further 5 minutes if the rice is still quite hard.
9. Arrange raw seafood, chicken, chorizo, whole prawns, peas, roasted capsicum, over rice and cook, covered for a further 5 minutes or until the seafood is cooked and the rice is tender. Turn heat off and keep covered for 5 minutes before serving.

### **Family Beef Casserole with Semi Dried Tomatoes**

**Serves 6-8**

- 2 kg chuck steak, cut into 2cm cubes
  - ½ cup flour
  - 3 tablespoons olive oil
  - 2 bunches of spring onion, stalk trimmed, peeled and left whole
  - 2 cloves garlic, crushed
  - ⅓ cup tomato paste
  - ½ cup red wine
  - 3 carrots, diced
  - 3 celery stalks, sliced
  - 1 cup beef stock
  - 1 cup water
  - 2 tablespoons chopped fresh thyme
  - 2 bay leaves
  - 1 cup semi dried tomatoes
  - Salt and freshly ground black pepper
1. Dust beef in flour, shaking off excess flour. Heat oil in frypan and cook beef in batches until brown. Set aside.
  2. To the same pan, add onion and garlic, cook stirring for 1-2 minutes, or until onion starts to colour. Stir tomato paste cook 1 minute.
  3. Add wine and allow alcohol to evaporate and liquid to reduce slightly. About 2 minutes.
  4. Place beef, vegetables, stock, water, thyme and bay leaves in frypan. Cover and cook on setting 4 for 1 hour stirring occasionally. After 1 hour add tomatoes and cook for a further 20-30 minutes or until beef is tender.
  5. Season to taste and serve hot with mashed potatoes or rice.

## Recipes continued

### **Pan fried Chicken Breast with Salsa Verde**

1-2 tablespoons olive oil  
6 chicken breast fillets

#### **Salsa Verde**

1 cup flat leaf parsley  
½ cup dill  
½ cup mint leaves  
2 cloves garlic  
1 tablespoon small capers  
1 tablespoon grated lemon rind  
Sea salt and freshly ground black pepper  
¾ cup extra virgin olive oil

1. Heat frying pan on setting 7. Add oil and cook chicken, uncovered, until browned on both sides and cooked through. Remove from heat and serve with Salsa Verde
2. To make the Salsa Verde, blend or process all ingredients until a chunky sauce texture is achieved.

**Tip:** Salsa Verde also goes very well with pan fried fish fillets.

**Serves 6**

### **Penne Boscaiola**

**Serves 4**

6 rashers bacon  
200g sliced button mushrooms  
⅔ cup white wine  
300ml cream  
Freshly ground black pepper  
500g penne  
shaved parmesan, to serve

1. Have a large pot of boiling water ready.
2. Remove rind from bacon and slice into 5mm pieces.
3. Heat frying pan on setting 8. Cook bacon until golden. Add mushrooms and stir through.
4. Add wine and cook, stirring, until the wine has reduced by half. Add cream and cook, stirring occasionally, until the sauce has thickened slightly.
5. Cook pasta until just tender, drain and add to sauce and stir through. Season with salt and pepper and serve immediately with shaved parmesan.

## Recipes continued

### Lamb Tagine

Serves 4-6

- 2 tablespoons olive oil
  - 8 lamb shanks, fat trimmed
  - 1 large onion, sliced thinly
  - 2 cloves garlic, crushed
  - 1½ tablespoons Moroccan dried spice mix
  - 1 tablespoon tomato paste
  - 1 x 400g can chopped peeled tomatoes
  - 1 cup chicken stock
  - 1 cinnamon stick
  - 3 cardamom pods, cracked
  - Salt and pepper to taste
  - 1 x 400g tin chickpeas, drained and rinsed
  - 1 large sweet potato, peeled and chopped into 2 cm dice
  - 1 cup fresh coriander, roughly chopped
  - Cous cous, to serve
1. Heat oil in frypan on setting 8. Cook lamb shanks in batches for 3-5 minutes or until evenly brown all over; remove from heat.
  2. Reduce heat to setting 6, and add onion and garlic to frypan and cook for 5 minutes, or until onion has softened and coloured. Add spice mix and cook until fragrant. Stir through tomato paste.
  3. Return the lamb shanks to the frypan with tomatoes, stock, cinnamon, and cardamom. Cover and cook, on setting 3, turning and stirring occasionally for 2 hours. After 2 hours add chickpeas, sweet potato and cook, covered until the sweet potato is tender.
  4. Adjust seasoning and stir through chopped coriander, serve with cous cous.

### Roast Chicken with Stuffing

Serves 4

- 1.2kg whole fresh chicken
- sea salt
- freshly ground black pepper

#### Stuffing

- 1 onion, chopped finely
- 2 teaspoons olive oil
- 3 cups fresh bread crumbs
- 30g softened butter
- 1 teaspoon grated lemon rind
- 2 tablespoons chopped fresh parsley
- 2 teaspoons chopped fresh thyme

1. Wash and clean chicken thoroughly. Pat dry with paper towelling.
2. To make stuffing, cook onion in oil until softened. Add to remaining stuffing ingredients and mix well.
3. Place the stuffing inside the cavity of the chicken. Tuck the wings back and tie the base of the chicken with cooking string so that the legs are crossed and securely positioned.
4. Preheat frying pan on setting 7. Brush chicken with a little oil and salt and pepper.
5. Brown chicken on all sides; reduce heat to setting 5 and cook, covered, with the vent open, for about 1½ hours or until cooked through.

**Tip:** If cooking roast vegetables, place in frying pan ¾ to 1 hour before the end of cooking.

## Recipes continued

### Roast Lamb

Serves 4-6

- 1 leg lamb
- 4-6 garlic cloves, sliced
- 3-4 sprigs rosemary, snipped into small pieces
- 2 tablespoons olive oil
- sea salt
- freshly ground black pepper
- 6 small pickling onions
- 400g pumpkin, cut into chunks
- ½ bunch baby carrots, trimmed
- 2 potatoes, cut into chunks
- 1 sweet potato, peeled and thickly sliced

1. Using a small sharp knife, pierce the lamb all over, making indentations about 2cm deep. Push a piece of garlic into each slit and a small piece of rosemary. The rosemary should be poking out slightly.
2. Heat frying pan to setting 10. Add oil and brown lamb all over. Season with salt and pepper; add onions to pan. Reduce heat to setting 6. Cook lamb, covered, for about 1 hour and 15 minutes.
3. Add vegetables to pan and cook for a further 25 minutes. Remove lamb and allow to rest, covered, until the vegetables are cooked as desired.

### Individual Sticky Date Puddings

Serves 8

- 200g coarsely chopped dried dates
- 1 teaspoon bicarbonate soda
- 1¼ cups boiling water
- 60ml olive oil
- 1 cup firmly packed brown sugar
- 1 cup self raising flour
- ¼ teaspoon mixed spice
- 2 eggs

### Butterscotch sauce

- 160g butter
- ⅔ cup firmly packed brown sugar
- 1 cup (250ml) thickened cream

1. Preheat frying pan on setting 4 with the lid on. Grease 8 individual 1-cup capacity metal moulds
2. Place dates, soda and boiling water into a blender or food processor. Place lid on and allow the mixture to stand for 5 minutes.
3. Add oil and sugar and pulse 3 times.
4. Add remaining ingredients and pulse mixture until just combined. Scrape down sides of bowl if necessary. Do not over process.
5. Pour mixture into prepared moulds. Place moulds in frying pan and carefully pour enough boiling water to come half way up the sides of the moulds. Cook for about 25 minutes or until cooked when tested with a wooden skewer. Carefully remove from frying pan; stand for 5 minutes before turning out onto a wire rack.
6. Serve pudding with butterscotch sauce. To make sauce, heat all ingredients in a small saucepan over a low heat until combined.

**Tip:** Puddings can be made in advance and then rewarmed in a microwave.



## Recipes continued

### **Caramelised bananas with Hot Chocolate Sauce and Whipped Cream** **Serves 4**

4 large bananas  
¼ cup firmly packed brown sugar  
1 teaspoon cinnamon  
Whipped cream, to serve

#### Hot chocolate sauce

100g dark chocolate, chopped  
30g white marshmallows, chopped  
150ml thickened cream

1. Preheat frying pan on setting 4.
2. Cut bananas in half lengthways, leaving the skin on. Sprinkle the combined sugar and cinnamon over the cut bananas. Press gently into the banana.
3. Place bananas, cut side down and cook, uncovered, for about 6 minutes or until the sugar has caramelised and the banana has softened. Serve bananas with hot chocolate sauce and whipped cream.
4. To make the hot chocolate sauce, combine all ingredients in a small saucepan and cook, stirring, over a low heat, until melted.

### **Crème Caramel** **Serves 6**

1 cup sugar  
½ cup water  
¼ cup caster sugar  
3 eggs  
2 egg yolks  
250ml cream  
250ml milk  
1 vanilla bean, seeds scraped

1. Combine sugar and water in a small saucepan. Stir over a low heat until the sugar has dissolved. Increase heat; boil without stirring, until the toffee turns a golden colour.
2. Remove from heat, once the bubbles have subsided, pour into 6 individual 1-cup capacity metal moulds. Allow to cool.
3. Beat eggs and sugar until light and creamy.
4. Heat milk, cream, vanilla bean and seeds until almost boiling. Whisk hot milk into egg mixture. Pour mixture through a strainer.
5. Pour mixture into moulds. Place moulds into frying pan. Pour enough boiling hot water to come halfway up the sides of the moulds.
6. Cook, covered, on setting 6 for about 15 minutes or until the custard has set.

**Note:** Be careful when removing lid to check custard that no water from the lid goes into the moulds.

## Recipes continued

### Buttermilk Pancakes

Makes 8

- 1 cup self raising flour
- 2 tablespoons sugar
- ½ teaspoon bicarbonate of soda
- 1 egg, lightly beaten
- 2 tablespoons vegetable oil
- 1 cup buttermilk
- 60g butter

1. Sift dry ingredients into a large bowl. Make a well in the centre.
2. Whisk the combined wet ingredients into the dry ingredients until smooth.
3. Heat frying pan on setting 6. Melt some of the butter and spoon ¼ cupfuls of mixture at a time into the frying pan. Turn the pancakes once the bottom is golden and the tops starts to bubble. Cook until the underside is golden.
4. Serve with extra butter and maple syrup.

### Pikelets

Makes approx 12

- 1 egg
- ¼ cup sugar
- 1 cup self raising flour
- ¾ cup milk
- pinch salt
- butter for frying

1. Beat egg and sugar with an electric mixer until light and creamy.
2. Add flour, milk and salt and beat until smooth.
3. Heat frying pan on setting 8. Melt a little butter in frying pan and wipe away any excess with paper towelling.
4. Spoon heaped spoonfuls of batter in frying pan and cook on both sides until golden.
5. Serve with butter, jam, cream or chocolate hazelnut spread.

**For savoury pikelets:** Reduce sugar to 2 tablespoons and stir through chopped fresh herbs of choice. Top with slices of prosciutto, goats cheese and rocket or cream cheese, smoked salmon and capers.

# 12 Month Replacement Guarantee

In the unlikely event that this appliance develops any malfunction within 12 months of purchase (3 months commercial use) due to faulty materials or manufacture, we will replace it for you free of charge.

Should you experience any difficulties with your appliance, please phone our customer service line for advice on 1300 881 861 in Australia, or 0800 786 232 in New Zealand. Alternatively, you can send a written claim to Sunbeam at the address listed below. On receipt of your claim, Sunbeam will seek to resolve your difficulties or, if the appliance is defective, advise you on how to obtain a replacement or refund.

Your Sunbeam 12 Month Replacement Guarantee naturally does not cover misuse or negligent handling and normal wear and tear.

Similarly your 12 Month Replacement Guarantee does not cover freight or any other costs incurred in making a claim. Please retain your receipt as proof of purchase.

The benefits given to you by this guarantee are in addition to your other rights and remedies under any laws which relate to the appliance.

Our goods come with guarantees that cannot be excluded under the Australian Consumer Law and under the New Zealand Consumer Guarantees Act.

In Australia you are entitled to a replacement or refund for a major failure and for compensation for any other reasonably foreseeable loss or damage. You are also entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure.

Should your appliance require repair or service after the guarantee period, contact your nearest Sunbeam service centre.

For a complete list of Sunbeam's authorised service centres visit our website or call:

## **Australia**

[www.sunbeam.com.au](http://www.sunbeam.com.au)

**1300 881 861**

Units 5 & 6, 13 Lord Street  
Botany NSW 2019 Australia

## **New Zealand**

[www.sunbeam.co.nz](http://www.sunbeam.co.nz)

**0800 786 232**

26 Vestey Drive, Mt Wellington  
Auckland, New Zealand

## Need help with your appliance?

Contact our customer service team or visit our website for information and tips on getting the most from your appliance.

### In Australia


Visit [www.sunbeam.com.au](http://www.sunbeam.com.au)

Or call 1300 881 861

### In New Zealand

Visit [www.sunbeam.co.nz](http://www.sunbeam.co.nz)

Or call 0800 786 232

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